



# NAMI Contra Costa

*Contra Costa's Voice on Mental Illness*      *March, 2008*      \*22708/7:30a

The NAMI Contra Costa Newsletter is available on the website: [www.namicontracosta.org](http://www.namicontracosta.org)

## GRIP CALLS FOR 3 MONTH MORATORIUM

Note: GRIP is the acronym for the Greater Richmond Interfaith Program. It is made up of 41 congregations. GRIP houses homeless families in its 75 bed shelter and its other programs including the Bissell Cottages.

On January 24, 2008 GRIP asked the Board of Supervisors to have a three month moratorium on the setting of policies, budget and fiscal actions and any other actions regarding County Mental Health operations.

The reasons they gave were that the county has failed to offer solutions which provide needed long term care, consumer or family support or insure family, consumer and/or general public safety. Example: one of the congregations suffered the murder of two of its members by their mentally ill children.

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## CIT TRAINING GOING FORWARD

Lieutenant Mitch Lemay has announced that the CIT (Crisis Intervention Training) will begin

(Continued on Page 4, column 2)

### Regional Medical Center

## HOSPITAL GETS GOOD REPORT

Contra Costa Times February 22 Article Comes After Another Incident

The Contra Costa Times reported that the County Hospital got a report clearing them from the threat of losing \$300 million in funding.

The inspecting agency, the U.S. Centers for Medicare and Medicaid Services, were evidently unaware that in late January, at 4:30 in the afternoon, there had been another life threatening incident where a 26 year old male patient attempted to strangle a female patient.

(continued on page 4, column 3)

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## A Celebration For CHET AND DORIS WATSON

There will be a celebration of appreciation for Chet and Doris Watson at the March 20 General Meeting. Come early (6:30 pm) to visit.

### General Meeting

## MARCH

Thursday, March 20

### Speaker

Terry Kupers

Psychiatrist  
Professor at the  
Wright Institute  
Author of *Prison Madness*

America's jails and prisons are fast becoming our housing for the mentally ill.

Dr. Kupers is an authority on this subject.

For more information see page 6

John Muir Medical Center  
Concord Campus  
(Note: Formerly Mt. Diablo Medical Center)

[www.namicontracosta.org](http://www.namicontracosta.org)  
E mail : [xnamicc@aol.com](mailto:xnamicc@aol.com)

2540 East Street, Concord  
925-682 8200

### FREE CLASSES

For information on free classes on mental illness

Family to Family contact:

Marie Overby  
[xnamicc@aol.com](mailto:xnamicc@aol.com)  
925- 284 5240

# NAMI-CC Care and Support Groups

## Central Contra Costa County

**1st Tuesday of each month**, 7:30-9:00 pm Hillcrest Congregational Church, 404 Gregory Lane, Pleasant Hill. Contact Peggy Luna, Dave Kahler 925- 676-5771 or e mail: xnamicc@aol.com

**3rd Monday of each month**, 7:15-9:15 pm, John Muir Hospital, 1601 Ygnacio Valley Road, Walnut Creek Campus, downstairs in the Stern Conference Room. The group is facilitated by Dr. Mary Olwin and Gloria Hill. The Consumer Group will not be meeting.

Call: Gloria Hill 925- 957-5146.

## NAMI Tri-Valley

2nd Monday of each Month: 7:15—9:00 pm Livermore Public Library, 1188 S. Livermore Ave., Livermore.

Contact support facilitator Marsha McInnis, marsha@nami-trivalley.org or 925– 980 5331

4th Monday of each month, 7:00—8:30 pm St. Claire’s Episcopal Church, 3350 Hopyard Road, Pleasanton

Contact Russell or Donna White. russdonnawhite@comcast.net 925– 455 6901

### **NAPA STATE HOSPITAL FAMILY SUPPORT GROUP (NSHFSG)**

Meets the 2nd Saturday of each month

Where: Hospital’s Volunteer Conference Room

For Information: Bill Schrader 707-433 9250

### **BIPOLAR CHILL (CLIENT RUN)**

Manic Depression Support Group

Wednesday 7:00—8:30 pm

710 Broadway #3G Walnut Creek

Contact Lisa or Scott 925-743 1160

### **TRI-VALLEY BIPOLAR (Consumer Run)**

Bipolar and Depression Support Group

Wednesdays, 7:15 pm to 8:45 pm

St. Claire’s Episcopal Church, Pleasanton

Contact: Bob Hogan: 925-462 5481

### **SELF-INJURY SUPPORT GROUP**

(Consumer Run)

For self-injury sufferers to talk about ways to change these behaviors and resolve feelings brought on by trauma.

Call: Veronica 925-945 7871

### **Information About Meds**

Get reliable information from Pharmacist Steven Protzel, a NAMI-CC friend and supporter of the mental health community. Send your questions to:

[steven.protzel@safeway.com](mailto:steven.protzel@safeway.com).

Remember always to check with your doctor about any medication changes.

## **NEW HOPE**

### **BIPOLAR SUPPORT GROUP**

For parents of children and adolescents diagnosed with a mood disorder.

#### **Two Meeting Locations:**

Lafayette:

2nd Monday of each month

7:00 pm to 9:00 pm

Lafayette-Orinda Presbyterian Church Room #4

Contact: Annette 510-733 0577 or

Joani 925-962 9952

Concord:

Last Monday of each month– 7—8:30 pm

Dr. Philip Shains’ Offices-2630 Salvio St. Concord

Contact: Leslie 925– 518 6684

[www.newhopesupportgroup.com](http://www.newhopesupportgroup.com)

### **FAMILY ADVOCATE HOURS**

Gloria Hill, Contra Costa County

Mental Health Advocate

Monday - Friday 9:30 am - 6:00 pm

925-957 5146

**NAMI-Contra Costa**  
National Alliance for the Mentally Ill

**OFFICERS:**

- Al Farmer, President**  
925- 254 8508  
Fax: 925- 254 5043  
farmerfamily@yahoo.com
- Art Honegger, 1st Vice President**  
925- 754 7216  
SKIIDER@aol.com
- Kay Derrico 2nd Vice President**  
925-933 4012  
kayderrico@comcast.net.
- Bonnie Leys, Secretary**  
925-757 6987
- David Kahler Treasurer**  
925- 676 5771  
Fax: 925-476 1444  
dk122932@aol.com

**BOARD OF DIRECTORS:**

- Floyd Overby M.D.**  
**Coralie Reed Gene Schulting**  
**Marilyn Capener**  
**Joani deVries Lisa Hillier**  
**Teresa Pasquini Barbara Scott**

**COMMITTEES:**

- |                       |                    |
|-----------------------|--------------------|
| <b>Marie Overby</b>   | Family to Family   |
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| <b>Dick Hunter</b>    | Data Base          |
| <b>Craig Fletcher</b> | Data Input         |
| <b>Annette Seelig</b> | New Hope           |
| <b>David Kahler</b>   | Publishing         |
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| <b>Chet Watson</b>    | Religious Outreach |
| <b>Connie Steers</b>  | Consumer Relations |
| <b>Julia Bonicich</b> | K.I.D.S.           |
| <b>Bill Schrader</b>  | Napa Support Group |

**Newsletter Group**

- Bob Newell Caroline Jackson  
Rich and Yvonne DeAndre Fran Martin  
Peggy Luna Dave Kahler Dick Owens  
Dick Hunter Sean Kleen

E mail: xnamicc@aol.com  
Website: namicontracosta.com  
Phone: 925- 465 3864

**PRESIDENT'S  
COLUMN**

By Al Farmer

After attending a Mental Health Services Act (MHSA-Prop 63) meeting in San Pablo concerning Prevention and Early Intervention (PEI), I was again impressed with the critical role education plays with respect to mental health issues.

It is through education that parents, teachers, school nurses and police officers, etc. can be trained to recognize the symptoms of mental illness which can lead to prevention and early intervention (diagnosis, medications and therapy) and therefore forestall or reduce the number of episodes and hopefully lead to recovery.

Such a PEI program is a daunting task for a county the size of Contra Costa County, but with a budget of \$7.1 million for a two year period, we are already beginning to see progress in assessing the problem and in determining the best way to focus our efforts and develop the needed infrastructure. In a sense, NAMI Contra Costa and MHSA-PEI are in a partnership in emphasizing the vital need for education and support in the mental health area.

Last week I visited the new Contra Costa Clubhouse and was pleased to observe their progress in establishing a learning center for socialization and vocational training. The clubhouse at 3024 Willow Pass Road opened on February 18<sup>th</sup> and was attended by 18 potential new members who immediately became involved in planning the menu for breakfast and lunch for the following day.

(Continued on page 6)

**Upcoming Lectures  
General Meetings**

Thursday, March 20, 2008, **The Mentally Ill and the Criminal Justice System**, Dr. T. Kupers, psychiatrist. Author, *Prison Madness, the Mental Health Crisis Behind Prison Bars and What We Must Do About It.*

Thursday, April 17, 2008, **Health & Hope For the Mentally Ill & Their Families Through Faith-Based Community Support**, Kim Englemann, Doctor of Ministry, Pastor of Caring Ministries, co-sponsored by Interfaith Council & NAMI-CC

Thursday, May 15, 2008, **Early Diagnosis and Preventive Treatment**, Dr. Michael Minzenberg, UC Davis, Early Diagnosis & Preventive Treatment Clinic

Thursday, June 19, 2008, **Benefits Explanations**, Cassandra Kolto, Patient Financial Supervisor, benefits specialist, Contra Costa County Mental Health

Thursday, August 21, 2008, **Contra Costa County Behavioral Health Court: Successes & Updates**, Martha Wilson, Ph.D., Forensics Community Liaison; Lt. Mitch LeMay, Contra Costa County Sheriff's Dept.

Information: (925) 933-4012  
Send questions for presenters to kayderrico@comcast.net

NAMI Contra Costa  
E mail: xnamicc@aol.com  
www.namicontracosta.org

## GRIP CALLS FOR 3 MONTH MORATORIUM

(Continued from page 1, column 1)

In a letter to the Board of Supervisors, GRIP said that less than 10% of the eligible mentally ill are receiving care through the community mental health centers of Contra Costa.

While private medical providers do offer some mental health services, the severely mentally ill have become the homeless. The local jails and prisons are de-facto inpatient mental health facilities. 19% or more of the Contra Costa jail population is mentally ill.

The letter states, "The severely mentally ill population of our County passes back and forth through the Regional Medical Center Crisis Stabilization Unit, the community mental health centers, and the jail, yet these operations, which all report to the Board of Supervisors, have no means of coordinating care that could assist in reducing the episodes and cycles of illness that these clients suffer. Indeed, the various staffs do not normally talk to one another."

### Systematic Change

In their letter, signed by Rev. Phillip Lawson, President of the GRIP Board of Directors, it is proposed that a task force be formed and explore the needs and the possible solutions to these urgent and persistent problems. "There is a need for *systematic change* in the delivery of services to the mentally disabled of Contra Costa and in West County in particular."

## CIT TRAINING GOING FORWARD

(Continued from page 1, column 1)

in July, 2008

The training will assist police officers to identify offenders with a mental illness and teach techniques for more effectively responding to them.

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### April Meeting

Cosponsored by Interfaith Council of Contra Costa and NAMI-CC

This meeting is about how faith communities can play a supportive role for consumers and their families. To facilitate this, Pastor Kim Engelmann will share some of her personal journey that binds her to the mental health community and her church's successful programs for people impacted by mental illness.

The pastor's background includes working as a chaplain in a psychiatric hospital, overseeing recovery and support groups as well as providing crisis intervention, prayer ministries, and individual counseling. Additionally, she has participated in Al-anon, a twelve-step program that supports people whose loved ones have substance abuse challenges.

Free invitations and envelopes are available for you, so you may personally invite a faith-based community leader(s), such as your rabbi or minister, to hear Pastor Engelmann's talk. You may pick up an invitation at the March General Meeting or call Kay at (925) 933-4012 or [kayderico@comcast.net](mailto:kayderico@comcast.net).

## HOSPITAL GETS GOOD REPORT

(Continued from page 1, column 2)

The Times' article said "Federal officials have concluded that the hospital successfully implemented correction plans."

In December 2005, the hospital had an inspection as a result of an anonymous complaint. A Times article later showed that 20 employees were injured in 2004. One was a nurse who was knocked unconscious by a patient.

After several inspections the agency gave the hospital a clean bill of health Thursday, February 21, 2008.

By that time the next incident had already occurred. On a Thursday in late January, a female patient was returning to her room where she found a 260 pound male patient strangling her 110 pound roommate.

What caused the greatest concern was the lack of an immediate response to her calls for help and the lack of muscle power to respond to such a situation. It took five female nurses to pry the attacker off his victim.

In the Times article Dr. Jeffrey Smith, the hospital's Director is quoted as saying "As a result of the changes, we've had a marked reduction in violence there."

He went on "This is a success. Basically this means that we have responded to all of our statement of deficiencies with satisfactory plans, and we have implemented those plans."

The 26 year old, male patient involved in the attack had a long history of severe mental disorders.

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# BRITNEY'S LAW

## HER RECENT EPISODE COULD PROMPT A CRITIQUE OF THE MENTAL HEALTH LAWS

By Patt Morrison  
Los Angeles Times

Wouldn't it be something if the giants of mental healthcare reform in California turned out to be three men named Lanterman, Petris and Short -- and a pop singer by the name of Britney Spears?

The first three were state legislators. More than 40 years ago, impelled by film and fiction horrors such as "The Snake Pit" and "One Flew Over the Cuckoo's Nest," and even more by true-to-life mental hospital outrages, they drafted what they called a Magna Carta for mental patients.

For good and ill, treatment of the mentally disturbed in California has not been the same since. And Spears may just turn out to be a sad enough and famous enough Hollywood head case to get some changes in those Magna Carta like laws.

Spears barricaded herself in her bathroom for three hours in a custody dispute, until police had her hustled off for physical and psychological evaluations. Now the entire gossip blogosphere knows about California's Welfare and Institutions Code Section 5150, which allows someone who's a danger to herself or others, or both, to be held involuntarily for up to three days. Section 5150 is one piece of a set of mental health laws that make it very hard to commit people against their wishes, if not their needs.

The tale of modern mental healthcare in California is one

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of good intentions gone awry, of public money gone elsewhere, of hope too often simply ... gone.

In the 1950s and '60s, care for the mentally ill gave off a Dickensian vibe. People were locked away in state hospitals for months, years, for life. Too many times, they weren't insane -- just old and dotty, or inconvenient, or different and difficult. For just acting up and acting out, actress Frances Farmer was locked in the madhouse and subjected to treatment that wouldn't pass muster at Gitmo.

Those three legislators decided to stop it. Frank Lanterman, Nick Petris and Alan Short made seminal laws that give mental patients rights and make it much harder to lock them up for long periods against their will. The laws ended the "warehousing" of the mentally ill and encouraged more humane, individual, local care.

California's mental health dollars were supposed to follow patients back home, to clinics and board-and-care residences. It didn't always work that way. Gov. Ronald Reagan famously used the new rules to close state hospitals and whack the mental health budget, a combination that turned the streets and sometimes the jails into de facto mental institutions as people, left untreated, crossed the line from irrational to illegal.

In 2004, Californians voted for Proposition 63, a 1% tax on millionaires to expand mental health services. Richard Scheffler, a professor at the UC Berkeley School of Public Health, calls it "a kind of Robin Hood tax" for a "starved" mental health system.

Spears might be the first person who both pays the tax and benefits from it. But even taxing all of California's millionaires can't remedy the flaws in the well-intentioned Magna Carta for the mentally ill. Before those reforms

were passed, Petris was rightly appalled by how casually someone could be locked away after a five-minute hearing before a judge.

"A guy walking down the street, talking to himself, could be thrown in a hospital," he said years ago. Acting irrationally -- say, whacking a car with your umbrella or shaving your head, as Spears has done -- could have gotten her committed for years.

Yet, as Petris himself later found, "we moved from a stage where people were being railroaded and there were no standards to a situation where people [are] not getting treated because [commitment] standards are too rigid."

Which brings us back to Spears. Did she check herself out of Cedars-Sinai too soon?

It's the Catch-22 of California law: Can the mentally ill always know what's best for them?

Do the mentally ill have the right to self-destruct? There's a Mad Pride movement among some mental patients who say they have a right to be crazy. And there are heartbroken families begging the courts time and again to intervene on behalf of loved ones who won't take medicine, won't see doctors. Spears' family's frustration, if the tabloids are to be believed, is the same: How can we get help for her if she refuses?

Proposition 63, which is generating upward of \$2 billion since the law passed, can accomplish a lot -- but it can't change that conundrum. Laura's Law was passed to try to strike a balance. It's named for honor student Laura Wilcox, who was working in a California mental health center when she was killed by a delusional man who couldn't be forced to take medication.

Thanks to the law, judges now can order out-patient treatment.

## NAMI WALK 2008 Saturday, May 31, 2008

The event of the year is just around the corner. This year you will be able to ride the NAMI vans and be free of traffic and parking concerns, enjoy a great picnic Bar B Q and help the mentally ill at the same time. It will be an ideal family outing. It will again be in San Francisco's Golden Gate Park, Speedway Meadow.

For more Information:

E mail: xnamicc@aol.com  
Call: 925- 465 3864 - 676 5771  
www.namicontracosta.org

### PRESIDENT'S COLUMN

(Continued from page 3)

Members purchase groceries, prepare the food, establish a budget and do the bookkeeping and accounting on four new computers as part of their vocational training. Also they plan to publish a clubhouse newspaper. In this way members develop skills which will help prepare them for future employment.

The clubhouse is fortunate to have Tamara Hunter-Carson join their organization. Tamara was involved with the Seattle clubhouse and Genesis Clubhouse in Massachusetts where she received her training and is thoroughly familiar with the clubhouse model and how it operates nationwide.

If you or your loved ones are interested in participating in clubhouse activities and would like to become a member, please call (925) 691-7276.

### THIS MONTH'S SPEAKER **DR. TERRY KUPERS** FORENSIC PSYCHIATRIST

Terry Kupers, M.D., a psychiatrist and professor at the Wright Institute in Berkeley, is co-chair of the Committee on the Mentally Ill Behind Bars of the American Association of Community Psychiatrists.

He has served as an expert witness in more than a dozen class action lawsuits concerning the conditions of confinement and the adequacy of mental health services in jails and prisons. Kupers has also served as a consultant to the Civil Rights Division of the U.S. Department of Justice and to Human Rights Watch.

E mail questions in advance to: xnamicc@aol.com



## H.E.L.P.

The last Monday of each month, H.E.L.P. (Hope, Encouragement, Love, Prayer), an interfaith support group for those coping with a mental illness and/or their families and friends meets 7:00-9:00 p.m.

They meet at Christ the King Church in the Parish Hall, 199 Brandon Rd., Pleasant Hill. Contacts: Joe and Pam Appel (925) 947-0169 and Gloria Hill (925) 957-5146.

## HOSPITAL GETS GOOD REPORT

(Continued from page 4, column 3)

Someone close to the family said that he had begun to have severe difficulties in 1999. The family had called 911 more time than they could recall. There had been problems in high school and repeated suicide attempts. He has been in most of the psychiatric facilities in Northern California.

One suicide attempt involved driving his car off a 400 foot cliff where he sustained severe injuries, spinal and otherwise. He still wears braces and has pins in his spine.

He had been in a very well thought of facility since July, 2007 at Delhi. He was transferred to the CCRMC because his behavior had become uncontrollable. He had attempted to strangle another patient.

One of the attending nurses said he was suffering from what is known as Command Hallucinations. He said that he felt his self esteem was very low and his voices were telling him to kill someone or the voices would kill him and send him to hell.

All of this information is part of his file. The admitting staff was fully aware of his immediate past violent history.

A professional who is close to the situation said 'he should have been on a "two on one" basis. At the very least "one on one." If that had been the case, the incident would not have happened. The girl would not have been attacked and the 26 year old male would not be in the Martinez Detention Facility with a charge of attempted murder. A tragedy all around. There will be a follow-up article about this incident in the April newsletter.



**Chris Bruce**  
Christopher Lawrence Bruce

**1968 - 2008**

**Thank You Christopher**

A Poem by Bill Kelly

Now I wish that I'd done more  
To become a closer friend, Dear Chris  
But somehow we just seldom met  
To join our souls to accomplish this.

As many years moved quickly by  
I heard those speak your name in praise  
And heard of the deeds you kindly did  
By which the quality of lives you raised.

Often did I see your vehicle parked  
At that building on the Willow Pass,  
And you were there yet once again  
Performing for others yet another task.

You were the man who volunteered  
Every time a function was to take place,  
And you were there to give folks rides  
And to transport love through God's Grace.

We were not close enough for me to be  
Aware of all the love you shared in life,  
But it is known that you were there  
To see love shared with many and your  
wife.

**Thank You So Much Chris**

May God Bless you,  
Always

**MARCH DONATIONS**

**In Memory of:**

Chris Bruce  
Carolyn Daniels

**In Memory of:**

Kathy and Michael Simpson  
Kathy worked tirelessly on behalf of the  
mentally ill for many years.

Wayne Simpson

**Craig Fletcher**

FLETCHER, Craig M. –  
Passed away peacefully on  
Monday, February 25th at the  
Bruno House of Alamo, CA  
with his daughters at his side.  
Craig is survived by his  
daughters Leslie Wood of  
Monte Sereno, CA, Lynn  
Fletcher of Ithaca, NY and  
Karen Fletcher of Seattle,  
WA and his brother William  
Fletcher of Houston, TX. A  
native of Los Angeles, CA,  
he was 69 years old. He was  
a graduate of MIT with a  
Bachelors degree in mathe-  
matics and was a pioneer in  
the computer field as an early  
employee of Digital Equip-  
ment Corporation, the com-  
pany that delivered the first  
solid state computer to mar-  
ket. Craig is remembered by  
his family and friends as a  
spiritual and caring man with  
a gentle heart and vibrant  
spirit.

Services For:  
**Craig Fletcher**

Family and friends are invited to  
attend a Memorial service at 1:30  
p.m. on Friday February 29, 2008 at  
the Heritage, 2222 Pacheco St. in  
Concord, CA. In lieu of flowers the  
family prefers donations be sent to  
NAMI - Contra Costa, P.O. Box  
21247, Concord, CA 94521,  
[www.namicontracosta.org](http://www.namicontracosta.org).

**Donations**

Karen McDowell  
C and E Combs

**Donations**

Alison R. Buckles  
Susan M. Henderson  
Mary J. Torrijos

Bank of America  
United Way Campaign

**DONATION FORM**

**Make check payable to NAMI-CC**  
**Mail to: Treasurer, NAMI-CC**  
**P.O. Box 21247, Concord, CA. 94521**  
**NAMI-CC Tax ID # 68-0209474**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City State Zip

Phone: \_\_\_\_\_

NAMI Contra Costa  
 P.O Box 21247  
 Concord, CA  
 94521

**NAMI Walk 2008**  
**Saturday, May 31**  
 San Francisco's  
 Golden Gate Park  
 See page 6

Stamp

**First Tuesday Support Group**  
 E mail your questions to: xnamicc@aol.com  
 You will be assured of an answer when the group meets  
**Where:** Hillcrest Church, 404 Gregory Lane, Pleasant Hill  
**When:** First Tuesday of each month—November 6, 7:30 pm  
 The FIRST TUESDAY group features a short slide presentation on the *Family to Family* classes.

**NAMI Contra Costa**

The annual membership dues are \$40. This makes you a member of NAMI National, NAMI California and NAMI Contra Costa. You are automatically a member of all three organizations.

If you are solicited for membership or special donations from the State or National organizations, give generously if you can, but all such donations are voluntary and would be over and above your membership in NAMI Contra Costa.

Dues paid in October, November and December provide membership for the following year.

Send your membership application to:

NAMI Contra Costa  
 P.O. Box 21247  
 Concord, California  
 94521  
 E mail: xnamicc@aol.com  
 This Monthly Newsletter is Published by: NAMI Contra Costa  
 E mail address: xnamicc@aol.com

Affiliated with NAMI National and NAMI California

**APPLICATION FOR NAMI-CC MEMBERSHIP**  
 Make check payable to NAMI Contra Costa  
 Complete this information cut-out and return it to:  
 Treasurer, NAMI-CC  
 P.O. Box 21247, Concord, CA., 94521  
 E Mail Address: xnamicc@aol.com

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Membership is:  New  A Renewal

<input type="checkbox"/> Mental Health Client	\$ 20.00
<input type="checkbox"/> Dual Affiliate	20.00
<input type="checkbox"/> General Membership	40.00
<input type="checkbox"/> Professional Membership	50.00
<input type="checkbox"/> Century Club	100.00
<input type="checkbox"/> Lifetime	500.00